

I Spy: A Kosher Kitchen

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edited by Nina Gelman-Gans

This program teaches the basics of *kashrut*. It encourages participants to address their objections and concerns, look at the variety of kosher products available in any supermarket and look at the possibility of taking small steps toward *kashrut*.

Topic: *kashrut*

Target Audience: second, third or fourth grade

Time frame: two hours

Staff: three people

Overview: Participants are encouraged to broaden their views about *kashrut* through activities and discussion.

Purpose: Introduce families to the basics of *kashrut*.

Preparation/procedure:

The program requires two meeting spaces (classrooms/social hall) and a kitchen.

Supplies needed:

- magazine/advertising pictures of food products and meals,
- scissors, glue, and pencils,
- easel with paper pad and markers or a blackboard,
- kitchen supplies (food and cooking utensils),
- empty food containers with a variety of *hekshers*,
[You will want to have as many varieties as possible, so begin collecting well before the program. Try also to have all possible variations such as OU, OU-P (Passover), OU parve, OU meat, OU dairy, OU - DE (dairy equipment). Passover foods also have many wonderful *hekshers* that you rarely see.]
- heksher* identification poster,
- Beanie Babies™, or other toy animals,
- worksheets,

The program begins with separate educational pieces for parents and students (45 minutes).

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"This program made a daunting task (beginning to keep kosher) seem possible. Thanks!"
—parent participant



Put on your sleuth hat to learn a bit about *kashrut*.

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Highlights:

- *Kashrut* Basics
- Why NOT keep kosher?
- *Kashrut* in "palatable" steps
- "Anthropologists" visit your local grocery store
- Design Your Own *Heksher* Contest
- Mystery: Who Stole the Challah?
- *Kashrut* Overview

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